

## Training In Compassion Zen Teachings On The Practice Of Lojong Norman Fischer

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Training in Compassion: Zen Teachings on the Practice of Lojong. by Norman Fischer www.normanfischer.org. Norman Fischer offers both illuminating commentary and pithy counsel on bringing greed, aversion and ignorance to the path through 'Lojong'. Lojong, or mind training, originated with the Bengali practitioner Atiśa Dipankara Śrījñāna.

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