

The Fear Of Contamination Assessment And Treatment Cognitive Behaviour Therapy Science And Practice

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The Fear Of Contamination Assessment

Abstract. The fear of contamination is the driving force behind compulsive washing, the most common manifestation of obsessive compulsive disorder. This is one of the most extraordinary of all human fears. It is complex, powerful, probably universal, easily provoked, intense, and difficult to control. Usually the fear is caused by physical contact with a contaminant and spreads rapidly and widely.

Fear of Contamination: Assessment and treatment - Oxford ...

The Fear of Contamination: Assessment and Treatment (Cognitive Behaviour Therapy: Science and Practice): 9780199292479: Medicine & Health Science Books @ Amazon.com

The Fear of Contamination: Assessment and Treatment ...

A fear of contamination can also be established mentally and without physical contact. The fear can arise after exposure to violation, physical or non-physical, and from self-contamination. The book starts by defining the disorder, before considering the various manifestations of this fear, examining both mental contamination and contact contamination, and feelings of disgust.

9780199296934 - The Fear of Contamination Assessment ...

[(The Fear of Contamination: Assessment and Treatment)] [Author: Stanley J. Rachman] published on (July, 2006) Hardcover – July 1, 2006 4.0 out of 5 stars 1 rating See all formats and editions Hide other formats and editions

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This theorizing culminates in Chapter 9 with a proposal for a cognitive theory of contamination fear that begins with a predisposition for contamination sensitivity, the occurrence of certain life experiences, and a learning pathway that establishes a pathological fear. This fear is further galvanized by certain cognitive biases, such as thought-action fusion, inflated responsibility, and failure to control, that set in motion a self-perpetuating cycle of increasing fear of contamination ...

Review of Fear of contamination: Assessment and treatment.

The Fear of Contamination Assessment and Treatment Stanley Rachman Cognitive Behaviour Therapy: Science and Practice. The first book to consider the topic of fear of contamination, written by one of the pioneers of behavioural therapies; Develops an important new theory for how these problems can be treated, based on proven techniques

The Fear of Contamination - Stanley Rachman - Oxford ...

The fear of contamination is the driving force behind compulsive washing, the most common manifestation of obsessive compulsive disorder. It is one of the most extraordinary of all human fears. People who have an abnormally elevated fear of contamination over-estimate the probability and the potential seriousness of becoming contaminated.

The Fear of Contamination: Assessment and treatment ...

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The Fear of Contamination: Assessment and Treatment: 3 ...

Contamination results in harm to self or others Simple awareness that a contaminant is 'just there.' Bugs, and concerns over bug related contamination (which is different from phobias related to...

OCD: Symptoms of Contamination Fears

The fear of contamination is the driving force behind compulsive washing, the most common manifestation of obsessive compulsive disorder. It is one of the most extraordinary of all human fears. People who have an abnormally elevated fear of contamination over-estimate the probability and the potential seriousness of becoming contaminated.

Stanley Rachman, Fear of Contamination: Assessment ...

When a person feels contaminated it drives a strong urge to remove the contamination, usually by washing. The fear and subsequent urges override other behavior. A fear of contamination can also be established mentally and without physical contact. The fear can arise after exposure to violation, physical or non-physical, and from self-contamination.

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For example, a client with contamination fears and associated compulsive hand-washing rituals may be exposed to items which he or she believes are contaminating, such as dirty table surfaces or door handles in a public convenience. This exposure leads to high anxiety and to a high urge to engage in a cleansing, hand-washing compulsion.

Contamination Fear - an overview | ScienceDirect Topics

From a leader in the field of psychotherapy, this new book is the first dedicated to the topic of the fear of contamination. The fear of contamination is the driving force behind compulsive washing, the most common manifestation of obsessive compulsive disorder.

Cognitive Behaviour Therapy: Science and Practice Ser ...

Fear of contamination : assessment and treatment. [Stanley Rachman] -- From a leading figure in the field of psychotherapy, this book is dedicated to the topic of the fear of contamination. It starts by defining the disorder, before considering the various ...

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