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Nutritional Sciences From Fundamentals to Food is a book on nutrition. It is written by two authors from Washington State University named Michelle McGuire and Kathy A Beerman. The third edition of this book was published in 2013. Nutritional sciences book covers the basic elements and concepts of nutrition.

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Product Information. NUTRITIONAL SCIENCES: FROM FUNDAMENTALS TO FOOD, 3/e will help you succeed in your nutrition course. The authors' engaging narrative style explains the fundamental science principles underlying nutrition and integrates real-world examples to demonstrate the relevance of these concepts.

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