

# Medication Safety In Pregnancy And Breastfeeding The Evidence Based A To Z Clinicians Pocket Guide

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## Medication Safety In Pregnancy And

The journal Pharmacoepidemiology and Drug Safety has published a new brief report: "Safe Lists for Medications in Pregnancy: Inadequate Evidence Base and Inconsistent Guidance from Web-based Information, 2011." You can read the article's abstract here [External](#). See below for a summary of the findings from this article.

## Key Findings: Safe Lists for Medications in Pregnancy | CDC

Safe Medications to Take During Pregnancy\*. Allergy.

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diphenhydramine ( Benadryl) Loratadine ( Claritin) Steroid nasal spray ( Rhinocort) Check with your doctor before taking these in the first ...

## **Taking Medicine During Pregnancy: Safe and Unsafe Medications**

No medication is 100 percent safe, and even medication that's safe for someone else to take during pregnancy might not be safe for you. So always check with your healthcare provider before you take any kind of medicine during pregnancy – even an over-the-counter (OTC) product. In general, don't take more than the recommended dose, and try to avoid taking anything during your first trimester because that's when your developing baby is most vulnerable to the effects of medication.

## **Safe medications during pregnancy | BabyCenter**

While most are safe for a mother to take and will not cause any harm to a breastfeeding infant, some medicines such as cytotoxic agents, lithium, radiopharmaceuticals, and retinoids must be avoided. For guidelines on taking individual medicines while pregnant or breastfeeding use the search or browse the list of medicines below.

## **Pregnancy and Breastfeeding Warnings from Drugs.com**

The most commonly used drugs include antiemetics, antacids, antihistamines, analgesics, antimicrobials, diuretics, hypnotics, tranquilizers, and social and illicit drugs. Despite this trend, firm evidence-based guidelines for drug use during pregnancy are still lacking. Regulatory information about drug safety during pregnancy

## **Drugs in Pregnancy - Gynecology and Obstetrics - Merck**

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The Organization of Teratology Information Specialists (OTIS) provides information, in English and Spanish, for women and health care providers on the risks and safety of taking medication during pregnancy and breastfeeding. This group maintains a website called Mother to Baby external icon.

## **Prescription Medication Use | Breastfeeding | CDC**

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Medicines should only be prescribed in pregnancy if the expected benefits to the mother are considered to be greater than the risk to the mother and foetus. First trimester exposure to medicines presents the greatest risk of foetal malformations. Third trimester exposure to medicines may be associated with withdrawal effects in the newborn.

## **Medicines and Use in Pregnancy**

Use medication only if absolutely indicated. Avoid initiating therapy during the first trimester. Select a medication with a proven track record in human pregnancy. Use a single-agent. Use the lowest effective dose. Discourage the use of over-the-counter drugs that might interact with prescription medications.

## **Drugs in Pregnancy and Breastfeeding**

Pregnancy Studies. Not only do the experts at MotherToBaby provide information about exposures in pregnancy, they are also actively adding to that information by conducting MotherToBaby Pregnancy Studies. In our studies, there are no medications, no needles, and no changes to your routine.

## **MotherToBaby | Medications and More during pregnancy and ...**

Illegal drugs such as angel dust, cocaine, crack, heroin, LSD, marijuana, and speed increase the chance that your baby is born with many possible problems. When a pregnant woman drinks alcohol or uses drugs during her pregnancy, so does her baby. These substances can pass through the placenta and to the baby through the umbilical cord.

## **Medicine Guidelines for Pregnancy - Cleveland Clinic**

The safety of medication use in pregnancy always involves two individuals. The developing “co-treated” unborn child is at its most vulnerable stage of life. Unlike in children or adults, side effects affecting the embryo cannot be detected early enough to prevent potentially life-long damages.

## **The Use of Medication in Pregnancy**

Most OTC medications taken during pregnancy are for allergy, respiratory, gastrointestinal, or skin conditions, as well as for

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general analgesia. Acetaminophen, which is used by about 65% of...

## **Over-the-Counter Medications in Pregnancy - American ...**

Remedies containing aspirin (such as Alka-Seltzer) should also be avoided during pregnancy. Aspirin may be listed on a label as salicylate or acetylsalicylic acid. Also steer clear of sodium bicarbonate (baking soda), which is sold as an antacid in tablet form, and sodium citrate. Both are high in sodium, which causes water retention.

## **Which heartburn medicines are safe during pregnancy ...**

Clinically, many women require drug treatment during pregnancy due to chronic conditions such as epilepsy, diabetes, hypertension (high blood pressure), or asthma. To withhold drug treatment would be dangerous for both mother and baby. In addition, women are having babies at a later age, which can boost the number of women with chronic conditions.

## **New FDA Pregnancy Categories Explained - Drugs.com**

Pain or headache relief Acetaminophen (Tylenol; category B) is the drug of choice for pain during pregnancy. It's widely used with very few documented adverse effects. Aspirin and nonsteroidal...

## **What Medicines Are Safe During Pregnancy? Cold, Headache ...**

Some women need to take medicines during pregnancy for health problems like diabetes, depression, morning sickness or seizures. Always talk with your doctor, nurse, or pharmacist before taking any...

## **Pregnancy | FDA**

Although some medications are considered safe to take during pregnancy, the effects of other medications on your unborn baby are unknown. According to the CDC, about two-thirds of women in the U.S....

## **Taking Prescription Medication and OTC Medicines During ...**

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Generally, these antidepressants are an option during pregnancy: Certain selective serotonin reuptake inhibitors (SSRIs). SSRIs are generally considered an option during pregnancy, including citalopram (Celexa) and sertraline (Zoloft). Potential complications include maternal weight changes and premature birth.

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